

The 2020
Guide to
All Things
New Haven



Contents

1. Chowing Down in the Elm City

- a. Quintessential New Haven Bites
- b. Around the Law School
- c. Study Spots and Study Breaks
- d. A Sit-Down Dinner (or two, or three!)
- e. Breakfast and Brunch

2. Hanging out in the Elm City

- a. Nightlife
- b. Museums
- c. Theater
- d. Music
- e. Excursions
- f. Sports and Fitness

3. Getting Around the Elm City

- a. Getting Here
- b. Getting Around

4. Living in the Elm City

- a. Chapel West
- b. Downtown
- c. East Rock
- d. Ninth Square
- e. Wooster Square
- f. The Towers



Chowing Down in the Elm City





Quintessential New Haven Bites

Among its other claims to fame (Yale, the cotton gin, the meeting place of Bill and Hillary), New Haven is supposedly the birthplace of not one, but two classic American foodstuffs: the pizza and the hamburger. We won't vouch for the veracity of these claims—we'll just note that pizza was sold in New York's Little Italy more than a decade before Frank Pepe claimed to invent it—but New Haven apizza and Louis' burgers are still not-to-be-missed.

The classic pizza joints featuring New Haven's trademark ultra-thin crusts are **Sally's** and **Pepe's**. They're both located on Wooster Street and serve excellent white-clam pies. Wash down your slices with local Foxon Park birch beer, and, after your meal, stop by **Libby's Italian Pastry Shop** (139 Wooster St.) or **Lucibello's** (935 Grand Ave.) for an Italian ice or a cannoli.

Another worthy contender for the best-pizza crown is **Modern Apizza** (874 State Street). Or, if you're looking for great beer and a fun downtown atmosphere along with your pizza, head to **BAR** on Crown Street. YLS students swear by the white pizza with mashed potatoes and bacon.

The highly dubious hamburger-invention claim is made by **Louis' Lunch** on Crown Street, right across from BAR. Again, not sure about the claim, we do know they make a great late-night snack of a burger! The patties are served on white bread with onions and cheese (if you ask for it). No fries! And don't even THINK about asking for ketchup. If you're nice and kid around a bit, the proprietors may take a shine to you and offer you pie (but you'll still have to pay for it).



Around the Law School

There are so many lunchtime events at the law school that you could probably subsist on free meals for a whole semester. But for the times when you're seeking a little more variety—or Covid-19 prevents in-person dining—there are tons of great food options in and around the law school.

Just a few steps down York Street, you can find two taco/burrito carts. We love the Ay! Arepa cart, which serves up seriously delicious arepas (corn cakes topped with black beans, vegetables and your choice of meat). A vegetable arepa with a side of rice or salad will make your heart sing for a mere \$5. A few days a week, the Caseus Cheese Truck offers gourmet grilled cheese and tomato soup from a parking spot near the law school (look for the exact location on Twitter). And every once in a blue moon—and definitely in September, when it makes a special trip to the Law School—you'll spot the Cupcake Truck around town.

In addition to the York Street food carts we already mentioned, there are two large congregations of food carts, each about a 10-minute walk from the law school. Walk ten minutes on Prospect Street to Sachem and find the **Ingalls Rink Food Carts** in front of the Whale (Yale's hockey rink). Here you can find just about anything you could ever want from a food truck for 5-10 dollars. The other is down by the medical school. Thai, Japanese, hot dogs, Mexican, Indian, Lebanese—you name it!

Near York and Broadway, you can grab a quick bite at **Blue State Coffee**, Belgian waffles and sandwiches at **Maison Mathis**, Mexican food at **Tomatillo**, or massive donuts and surprisingly good avocado toast at **Donut Crazy**. **Yorkside Pizza**, also open late, features that New Haven staple pizza—but what we really love is their Greek avgolemono soup. Across Broadway, there's the classic **Ivy Wok** (formerly Ivy Noodle), which features noodle soup bowls and a variety of Cantonese-style small plates at reasonable prices.



Around the Law School

If you're looking to sit down, **Mory's**, in years past the unofficial Faculty Club of the Yale campus, is an option. It's an accommodating place to bring a group, though not your cheapest option—unless you have a student membership, and order off of their student menu. They also have awesome happy hour specials, including \$5 burgers! Become a member for your three years at YLS for \$15 and receive a \$10 credit (worth it?). Tucked behind the Yale Bookstore is an Indian restaurant called **Sherkaan**, where you can try Indian street food and delicious cocktails.

If you're up for a little more of a walk, Chapel Street also features a few good lunchtime restaurants, including **B Natural Cafe** and the totally vegetarian and kosher-certified **Claire's Corner Copia** (at College Street). It's great for omelets, sandwiches, quesadillas, and most especially for dessert. Treat yourself to a slice of the Lithuanian coffee cake, and be sure to ask for extra icing! A block down on Chapel you'll also find New Haven's **Shake Shack** outpost (between College and Temple) —nothing like a lunchtime frozen custard to get you through afternoon classes! **Chipotle** stands on the corner of Chapel and Temple, and **Five Guys** is just around the corner on Church Street.

Down Howe Street by Edgewood, you will find **Mamoun's**, where a tasty falafel pocket can be yours for \$4. The shwarma and baklava are also excellent. For a similar experience with an amazing garden, try **Kasbah** down the street. You can sit outside on the beautiful patio, enjoying some shisha and wine—it's BYO!

Though the YLS cafeteria is currently closed due to Covid, when it opens up you'll find a salad bar and hot meals, as well as a selection of yogurt, granola bars and other staples. If you feel like bringing your lunch, there is a microwave available for use right in the dining hall and a fridge . . . somewhere. It's a YLS mystery.



Study Spots and Study Breaks

You'll be at no loss for caffeine, free Wi-Fi, and ample power outlets in the student mecca that is New Haven. Within a few blocks of the law school, there are two **Blue State coffee shops**—one at York & Elm and one at Wall & College. If you have Procedure with Koh at 8:20 a.m. five days a week, you'll become very familiar with the sight of bleary-eyed 1Ls clutching Blue State coffee cups. Beware, though: it's packed during peak hours. We also love **Donut Crazy**, which is right across the street from the Law School. It's a great place to grab a coffee (read: cheap refills if you bring your own mug!) or an afternoon snack. They're open late, and they have a student discount!

Chapel Street is a coffee-lover's paradise and is dotted with cafes for blocks. Jojo's (Park & Chapel) boasts great oatmeal and funky décor. Cozy Book Trader (Chapel & York) is a bookstore/coffee shop, as is Atticus Bookstore Cafe (Chapel between York & High), which serves up New Haven's best black bean soup. Poindexter Coffee (Chapel between York & Park) is inside the Graduate Hotel, and is chock full of paintings, pencils, Yale paraphernalia, and places to sit. Walking towards downtown, you'll also find two Starbucks locations on Chapel.

Willoughby's has two locations, one on Grove Street and one on York Street in the first floor of the Art & Architecture Building. They are lauded for their house-roasted beans, so this is also a great place to pick up a pound or two for your home French press. A little farther away, Koffee on Audubon has a cozy vibe and a patio (as well as great drinks for when caffeine isn't all that you are looking for), and G Café Bakery Ninth Square, located on Orange Street, is known for its pragels (aka pretzel bagels) and a great selection of bread and pastries. Fussy Coffee is a great new spot near Science Hill.

For a coffee alternative, **Ashley's** boasts a constantly changing menu of top-notch ice cream and a location right next to the law school. **Arethusa Farm Dairy** also offers the creamiest scoops and delicious flavor options like toasted almond or pistachio (their scoops are huge, but you'll soon grow to accommodate them—trust us). **Milkcraft** (Crown & High) features giant portions and innovative ice cream flavors. For frozen yogurt head to **Froyo World** on High Street. For the New Englanders who need their **Dunkin Donuts** fix, fear not! There is one on Chapel and York, and another one down the street on Chapel and Temple.



A Sit-Down Dinner (or two, or three!)

For a city of its size, New Haven's restaurant scene is thriving. Options run the gamut from awesome cheap eats, where you can get out for less than \$15 person, to seriously delicious high-end meals. Look out for restaurant weeks in the spring and the fall if you want to sample the fancier restaurants without breaking the bank. Though many places are only open for takeout now, check out their Covid menus, and keep them in mind for when it's safe to eat in restaurants again.

Rudy's (Howe & Chapel) and Prime 16 (Temple & Chapel) contend for the title of New Haven's best gastropub—both serve up awesome burgers (vegetarians: the veggie burger at Rudy's is fantastic), fries, and a great selection of beer. Rudy's is Belgian-influenced, so there are mussels on the menu and fries come with your choice of one of 20 delicious dipping sauces. Prime 16 boasts the widest array of local brews, and their fried pickles and daily happy hour specials are a must.

You can find sushi to suit nearly any budget, from relatively cheap (Sushi on Chapel and \$18-all-you-can-eat Sushi Mizu on Whalley) to quite pricey (Miso on Orange Street in the Ninth Square). Miya's (Howe & Chapel) is also an option: they've got an unbelievable selection of tasty and creative rolls crafted from sustainably harvested fish and local ingredients. Dishes range from expensive to the totally budget-friendly. Come late to beat the inevitable crowds, enjoy some more inventive rolls on the cheap, and unwind with a pitcher of bonobo juice (an amazing cocktail—fizzy lime soda and firecracker sake). If you have a car, Sushi Palace in Hamden (1473 Dixwell Avenue) has the best all-you-can-eat selection. The sashimi is incredibly fresh, and you can sit right at the sushi bar and watch the chefs work their magic.

You'll have many good options for Thai food, including the tiny but delicious **Jeera Thai** on Crown Street, and **Pad Thai Restaurant** on Chapel. If you find yourself in East Rock, try **Rice Pot Thai Restaurant**, which has an expansive menu and great lunch deals. For those who love noodle dishes, try **Pho & Spice** or **Pho Ketkeo** a few blocks south. Pho Ketkeo is New Haven's first Laotian restaurant and serves Laos-style pho and other delicious Laotian fare.



A Sit-Down Dinner (or two, or three!)

For Indian, in addition to the previously mentioned **Sherkaan**, good options include **Zaroka** (York & Crown), **Sitar** (Grove & Orange), and **House of Naan** (Chapel & Howe), which has a great happy hour and excellent cocktails. Many of the Indian restaurants (Zaroka, Tandoor) offer all-you-can-eat lunchtime buffets. **Tandoor** (Chapel & Howe) is in an old-fashioned diner and offers great foot and great prices too. Finally, **Tikkaway Grill** (Orange & Chapel) offers a delicious Indian version of Chipotle-esque fast casual.

Great Wall Restaurant next to Hong Kong Grocery on Whitney Avenue (amazing grocery store!) serves up hot pot and dim sum as well as the standard panoply of Southern Chinese stir-fries. If you're in the mood for spicier fare, try **Lao Sze Chuan**, located 15 minutes down Boston Post Road in Milford. For Korean, try **Seoul** on Crown. Bibimbap, KBBQ, and a karaoke machine—they have it all. **Bonchon** on College serves tasty Korean friend chicken.

For Ethiopian, check out **Lalibela** on Temple; you can get an unlimited buffet at lunch for less than \$10 or a sit-down dinner with live jazz at night.

Rubamba (High & Crown) offers a wide selection of burritos, quesadillas, tacos, and arepas. If you can snag one of their tables, **Soul de Cuba** has tasty food and enough ambiance to make for a great date. It's a little farther, but **Mezcal** (Mechanic & State) has the absolute best Mexican food (and margaritas) in town. **Geronimo** (Crown & High) is another good option, particularly during the 4-7pm weekday happy hour.

Zinc (Chapel between College & Temple) offers modern American food with local ingredients. **Kitchen Zinc,** which is behind it, has a variety of tasty thin-crust pizzas (try the spicy broccoli rabe) and good happy hour deals.

Other new additions to New Haven's renowned dining scene include **Harvest Wine Bar & Restaurant** (Chapel in between York & High), serving modern American cuisine, and **Atelier Florian** (Chapel in between York & Park), a snazzy new seafood spot featuring a raw bar.

9



A Sit-Down Dinner (or two, or three!)

Barcelona (Crown & Temple) has a great wine list (bottles are half-price on Sundays) and tasty Spanish tapas. Come here for light fare with friends or a complete meal—or check out their cooking classes, which happen periodically and are tons of fun. **Pacifico** (College & Crown) is said to have the best seafood, and offers \$5 mojitos during happy hour on weekdays! **ROIA** (College & Chapel) is pricey, but their French and Italian fusion is easily some of the best food in town. Located in the historic Taft Apartments (formerly Hotel) it's a great place to bring parents, go on a special date, or sit at the bar and sip an Aperol spritz.

Ninth Square—the neighborhood southeast of the green bounded by Chapel, State, and Church streets—has great date-night choices. Nini's Bistro (Orange & Crown) has a prix fixe menu, so you pick how many courses you want and pay accordingly. Plus, it's BYOB—on your way there, you can pick up a great bottle (or two!) at the Wine Thief down the block at Crown and Temple. Down the street, Skappo is a homey, family-run Italian restaurant with an intimate vibe. Another choice for Italian is Basta (Chapel & College), which is owned by the proprietor of Claire's Corner Copia next door. Watch out for the truly vast portions here! Do yourself a favor and grab some vegan caribbean food at Ninth Square Market Too Caribbean Style on George Street.

When you're looking to celebrate with a fancy meal, try one of New Haven's finest-dining establishments: **Union League Cafe** (Chapel between College & High) offers upscale, moderately snooty French fare in a white-tablecloth setting. If you're here at lunch, which is actually a pretty good deal, you might spot a YLS professor or two at the next table. The bar also has great kir royales and snacks. Or, try Mario Batali's recently opened restaurant **Tarry Lodge** (Park & Elm), featuring a rustic, seasonal Italian menu that includes house-made pasta and brick oven pizza.



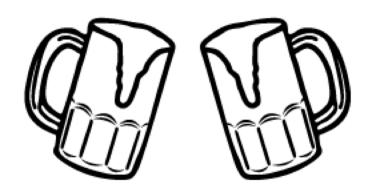
Breakfast and Brunch

If you manage to drag yourself out of bed for weekend brunch, some good places to check out include Rudy's (yes, this bar serves brunch), Claire's, Atticus, G-Café, and Heirloom, the restaurant in The Study Hotel on Chapel Street. Maison Mathis on Broadway features great Belgian waffles, omelettes, and Belgian beer for a quick brunch any time of the day. If you're just looking for a place to sit and enjoy a French pastry, try Marjolaine on State Street. They also have amazing cakes—try their lemon coconut chiffon! Book Trader Café is a great spot to grab a breakfast sandwich, which you can enjoy on their patio in warm weather. Zoi's has great breakfast specials and also serves delicious lunches, if you don't wake up in time to get there for brunch.

The real local don't-miss, though, is **The Pantry** in East Rock. Make your Sunday morning an adventure by going for a hike up East Rock Park (moderate effort is rewarded by great views of New Haven and the water), followed by a stop at The Pantry for their sumptuous California eggs benedict (avocado, tomato, poached eggs, toasted English muffin) and cinnamon pancakes. A word of caution: the lines here can get crazy, so come early or prepare to wait. Further afield (as in, you'll need a car or a bike plus stamina), **Bella's** in the Westville neighborhood has delicious French toast.



Hanging Out in the Elm City





Nightlife

With tons of bars and clubs downtown, and YLS Student Reps arranging weekly Thursday night "bar reviews" during non-Covid times, you'll soon get to try out a variety of nightlife spots in New Haven. There's really too much to say here, so we'll just give you a brief overview—but go explore for yourself as soon as it's safe! Or else call up these places for takeout drinks (yes, they exist!).

Gryphon's Pub is Yale's not-for-profit grad student bar, which you may have heard about during admit weekend. A \$20 membership buys you free cover for a year, and the drink specials and (themed!) dance parties will keep you coming back.

Te Amo Tequilla Bar has great tacos by day and excellent margaritas by night—we recommend the spicy mango marg! They also host salsa nights, so you should keep an eye on their event page. If you're craving great Belgian frites, 20 different dipping sauces, and a generous selection of beers on tap—all with a slight hipster vibe—head to Rudy's (Chapel & Howe). Box 63 (Elm & Park) is a great place to go for local beers, a DJ-fueled dance floor, and patio seating.

Barcade (Orange & Crown) offers video games, pinball machines, food, and drinks. **Café 9** (State & Crown) has live music every night, ranging from rock to folk to jazz to hip hop. It's down the street from **Cask Republic**, which has an extensive beer list and delicious appetizers. For a taste of New York outside of New York (including New York prices), try the inventive, gorgeous cocktails and truffle fries at **116 Crown** (located at, you guessed it, 116 Crown Street).

Heirloom (known also as "The Study," which is the hotel in which it's housed at Park & Chapel) mixes great drinks using ingredients like chili-blackberry syrup and St. Germain. **Geronimo's** (Crown & High) has delicious margaritas, an incredible selection of infused tequilas, fresh guacamole, and a heated front patio. For a relaxing night, stop by **The Owl Shop** (College in between Chapel & Crown), one of the best quality tobacco shops in the country, featuring a wide array of cigars and cocktails.



Nightlife

In addition to pizza, **BAR** (Crown near College) serves four house-brewed beers and has a back room for dancing. **Three Sheets** (Elm & Howe) is a dive bar with a predominantly townie crowd. (Returning Yalies: This is the bar that used to be Elm Bar.) And be sure to check out **Ordinary** (Chapel & College), a bar on the site of old-time New Haven favorite Richter's. Ordinary is run by the owners of **Caseus**, New Haven's finest connoisseurs of cheese, so an excellent glass of wine or creative cocktail can be paired with local cheeses, olives, and other tasty morsels. **Anchor Spa** (College & Chapel) is another New Haven establishment, and a great option for fun drinks, great food, and a decent happy hour.

For an LGBT-friendly bar, or for a great dance party, head to **Partners** on Crown and Park. Partners features places to stand and chat downstairs and a great dance floor/lounge upstairs. **168 York Street Café** (New Haven restaurants are so creative with their names) is also LGBT-friendly and owned!

For those of you living in East Rock who feel like getting a drink closer to home, **Archie Moore's** (Willow & Anderson) is famous for its wings, and it also runs a pretty good happy hour. **Oak Haven Table & Bar** (State near Bishop) is pricier, but serves up a mean cocktail and incredible tapas. If it's atmosphere and vino you crave, check out **Cave à Vin** (State near Edwards).



Museums

When it comes to museums, New Haven has plenty. Here's a preview of our favorites—all within walking distance of the law school! Admission is free to all Yale museums, and the diverse collections will keep you coming back over and over.

The Yale Center for British Art houses the largest and most extensive collection of British Art outside the United Kingdom. You can find the classics—Turner, Constable, Gainsborough—as well as exciting contemporary artists—Ansel Krut, Damien Hirst, Yinka Shonibare, among others. Across the street, the Yale University Art Gallery reopened a few years ago after extensive revisions and expansions. The art world is abuzz with glowing reviews of the renovated museum, which is the oldest college art museum in the country. It boasts an impressive collection spanning Mesopotamian masterpieces to Manet paintings to Mickalene Thomas prints. The Peabody Museum of Natural History is currently undergoing renovations, but boasts an eclectic collection of historical artifacts—more than 11 million specimens! Check out the the birds of Connecticut, the fossils, and the treasure trove of gems and minerals. And did we mention the dinosaurs? The museum also hosts excellent talks, concerts, and even happy hours throughout the school year.

The Beinecke Rare Book & Manuscript Library is that odd-looking, box-like structure adjacent to the law school. Beinecke was closed for renovations for a while and repoened with beautiful new improvements in the fall of 2016. Make sure you stop by for a visit! To protect books from the sunlight, the windows are made of translucent marble, which creates beautiful lighting effects inside the library on sunny days. It's also not a bad place to peruse one of the few remaining original Guttenberg Bibles.

If you want a fun excursion for kids (or kids at heart), head over to the **Connecticut Children's Museum**. Little ones will love the interactive exhibits and a green room from the book *Goodnight Moon*. You can also check out the **Wadsworth Athenaeum** in Hartford, the oldest public art museum in the country, which features a diverse collection and activities for kids.



Theater

Though the theatres in New Haven remain closed due to Covid, when they reopen they're sure to boast an impressive line up of shows and artists.

Thanks in part to our outstanding graduate schools, the performing arts scene in and around New Haven is thriving. On Chapel Street, you'll find one of the country's leading professional theaters, **The Yale Rep**. We recommend purchasing student passes (\$50 for a five-ticket pass) so you don't miss any of the Rep's consistently strong shows. Just down the street on Park, you'll find the **Yale Cabaret**, an intimate venue staffed by Drama School students that puts on a new play—likely featuring Broadway stars of the future experimenting with new material—every weekend. It makes a great date night, since you can also grab a tasty dinner or drinks there before the show. The **Shubert Theatre** attracts touring performances from across the globe. It has a storied history of previewing Broadway shows, and with only 1,600 seats, the newly renovated theater makes for an intimate experience, putting you close to the action. Farther afield, you'll find the **Long Wharf Theater**, an outstanding professional theater company with a bustling program.

Movie buffs should check out **Criterion Cinemas** on Temple Street for standard movie offerings, plus beer and wine at the concessions stand! Special programs include "Insomnia Theater" (midnight screenings of cult classics) and "Movies & Mimosas" (Saturday morning classics with cocktails).



Music

If you like live music, New Haven's got you covered. The notorious **Toad's Place** manages to attract major musical talent (tagline: Where the legends play!) on the nights that it's not open for undergrad dance parties. Upstairs at the **Lily Pad**, there is live jazz on Monday nights. **The Space** in Hamden offers an alt-rock lineup. On Crown Street, **BAR** (of pizza and beer fame) brings in young talent throughout the year for free concerts. **Three Sheets** also has live music multiple days a week; check out their website to see when! In the Ninth Square, **Firehouse 12** is an underground (literally) jazz club with a killer cocktail menu. The **College Street Music Hall** (located, you guessed it, on College) also boasts concerts by Miguel, the Beach Boys, and many more artists! Finally, head to **Musical Intervention** at Crown and Temple for their open mic night and meet other members of the New Haven community.

Yale also boasts a wealth of classical music offerings. From intimate solo recitals to lush symphonies, the Yale Arts calendar is constantly packed with concerts that bring world-class musicians and emerging artists to New Haven. The Yale Philharmonia is one of America's foremost music school ensembles, and the world-class New Haven Symphony plays in Yale's very own Woolsey Hall. For choral music, hear the Yale Glee Club or the Yale Camerata—sometimes you'll spot fellow law students up on stage! Beyond the big ensembles, you'll find student and professional solo performances, chamber music, piano, jazz, and opera—you name it, New Haven's got it.

Subscribe to **The Daily Nutmeg** to stay up-to-date on New Haven entertainment and events, and to read stories about quirky and inspiring New Haven residents (http://dailynutmeg.com/).



Excursions

If you manage to exhaust New Haven's cultural and culinary offerings, access to a car or Uber opens up a whole new world of nearby adventures, seasonal and otherwise. If you don't have a car of your own, check out one of Yale's subsidized Zipcars! The list below is arranged roughly in order of distance from downtown.

Cherry Blossoms in Wooster Square: Each spring, Wooster Square is blanketed in pink cherry blossoms. This seasonal must-see also gives you an excuse to check out the farmer's market and famous pizzerias in New Haven's own Little Italy. The Wooster Square farmer's market is on Saturdays in the fall and spring.

Taco Trucks: Yes, there are plenty of food carts downtown, but only the taco trucks parked on Long Wharf Drive—just off I-95 and on the way to IKEA—have almost five full stars on Yelp. And they're close enough that truly desperate California transplants can even walk or bike there from downtown.

Brunch in Westville: Drive 10 minutes down Whalley Avenue from downtown New Haven, and you'll find yourself in the charming residential neighborhood of Westville. The neighborhood boasts two of New Haven's finest brunch establishments, **Bella's** and **Lena's**. Come prepared to stand in line, but the mascarpone-stuffed French toast at Bella's is not to be missed.

Sleeping Giant State Park: When you tire of East Rock, Sleeping Giant State Park is just a 20-minute drive up Whitney Avenue or I-91. It offers a larger network of hiking trails and views of Connecticut's surprisingly beautiful countryside. After building up an appetite on the trails, grab lunch at **Glenwood Drive In**, a funky old-timey diner on Whitney Avenue in Hamden.

Apple Picking: A quintessential New England fall activity, apple picking is also a common small-group bonding event in the first months of 1L. There are lots of places to go for your fix: **Bishop's Orchards** in Guilford, **Lyman Orchards** in Middlefield, or **High Hill Orchard** in Meriden are all YLS-student favorites.



Excursions

Thimble Islands Cruise: The Thimble Islands, a group of small granite islands off the coast of Branford, were the summer home to American elites in the early 20th century. (This is where William Howard Taft established his "Summer White House.") Today, the best way to visit is to take a boat cruise, operating on weekends from May through October. Even if it's not boat-cruise season, it's worth the drive to Branford just to grab a sandwich at the quaint **Stony Creek Market** and enjoy the ocean views.

Hammonasset Beach State Park: On sunny, warm days in September and May, Hammonasset—just 45 minutes up I-95 (Exit 62) in Madison—creates a constant temptation to cut class and chill on the beach. The clean, well-maintained beach is a great place to relax in the sun or swim in the warm waters of the Long Island Sound. On your way back, hop off the highway in Guilford for dinner at **The Place**, an outdoor seafood barbeque that's BYOB.

Durham Fair: Be sure to save the last weekend in September for the Durham Fair! Eat fresh apple fritters, admire the results of the Livestock Costume Contest, and soak up the atmosphere at Connecticut's largest agricultural fair.

Mystic is Connecticut's top tourist destination. The adorable little beach town features amazing seafood, a drawbridge, artsy shopping, and excellent ice cream (we recommend Mystic Drawbridge Icecream). Its quintessential Connecticut downtown has been featured in many movies, including "Mystic Pizza" with Julia Roberts.



Sports and Fitness

Payne Whitney Gym, located conveniently close to the law school, is open to all Yale students—though make sure to frequently check its Covid policies. According to its website, it's the second largest gym in the world. It certainly seems to be the largest gym building in the world, but the fitness room is just a tiny corner of it, so beware: during the busy hours (before 9, 12-2, and after 5), there will almost always be waits for weight machines and treadmills. Membership is free, but you'll have to pay extra for locker and towel service and for fitness classes (you can sign up in the beginning of the semester). Fortunately, because the gym is close to the law school, it's easy to take advantage of the generous breaks between classes to squeeze in a quick workout. You can also look out for free workouts at gyms around the city organized by OSA or other students—keep an eye on your email for those.

Some law students prefer to buy a gym membership, and you'll have lots of options if you decide to do that. **Crown Street Fitness** has barre, bootcamp, and CrossFit classes. **PoleFly Aerial Fitness** offers pole fitness, aerial silks, aerial yoga/pilates, and more. If cycling is for you, be sure to check out **SHiFT Cycling** (Crown between Temple & College), the only dedicated indoor cycling studio in New Haven.

New Haven has a few different options for yoga. **Breathing Room Yoga** (Crown & Temple) is a popular spot that offers yoga and meditation classes. In addition to Bikram classes, **True Bikram Yoga** (Elm & Orange) also hosts "HOT HITI" classes. You can also check out **Yogis at Yale** for free classes open to all Yale affiliates, both seasoned yoga practitioners and first timers! Their classes are typically held on campus in Slifka chapel.

Runners and bikers should check out the **Farmington Canal Trail.** It starts behind the Yale Health Center and features 84 miles of flat, paved path. Other good running options include running up Prospect Street to Science Hill, or jogging up East Rock to see a fantastic view.



Sports and Fitness

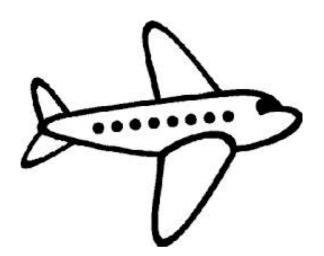
Beginner and expert rock-climbers alike are welcome at **City Climb**, New Haven's very own indoor rock-climbing gym, which offers classes, lots of lead climbing, and an awesome boulder cave. For those of you cross-fit gurus, be sure to check out **CrossFit New Haven** (State Street) for a high intensity workout sure to make your first cold call in law school seem like a piece of cake!

For those inclined toward team sports, the law school also has **intramural softball**, **basketball**, **ultimate Frisbee**, **and soccer teams** that recruit over The Wall (the YLS listserv). During Harvard-Yale weekend each year, the **Court Classic HLS/YLS basketball game** raises money to supplement summer public interest funding (a stipend paid to you by YLS if you take an unpaid internship).

In addition, Yale University fields dozens of sports teams. The Yale Bulldogs compete in the NCAA Division I Ivy League. At some point, you'll want to take in a hockey game at Ingalls Rink (colloquially known as "the Whale") and catch a glimpse of Handsome Dan (Yale's real-life bulldog mascot) during a football game at the Yale Bowl. For outdoor fun, be sure to take advantage of the Outdoor Center in East Lyme, The Course at Yale (the driving range is a great place to work out some stress), the bouthouses in nearby Derby and Gales Ferry, and the cross-country skiing at Winding Trails in Farmington.



Getting Around the Elm City





Getting Here: Trains, Planes, and Buses

Train

New Haven's Union Station is about a mile and a half southeast of YLS. You can take the Yale shuttle, Uber, or one of several cabs from the station to your apartment or the law school. The station is served by MetroNorth service to New York City and Amtrak service along the Boston - Washington, D.C. corridor.

MetroNorth trains run to New York at least hourly, and often half-hourly, and take about an hour and fifty minutes to Grand Central Station. One-way tickets are priced at \$17.75 for an off peak trip and \$23.50 during peak times. Select MetroNorth trains also stop at New Haven's State Street Station, located even closer to campus in the heart of the downtown business district.

Bus

Trips to Boston became much more affordable with the recent arrival of Megabus, which runs buses from the train station to Boston, Hartford and New York. These tickets are super affordable (as little as \$1) if you buy far enough in advance. Peter Pan and Bolt Bus also provide bus service to New Haven.

<u>Plane</u>

We're not going to lie to you: flying out of New Haven is a hassle. If you can land an itinerary that makes it affordable for you to fly out of New Haven's Tweed Airport, the airport will be just a short 15-20 minute ride away from your apartment. But with minimal number of flight each day to just a handle of US cities, a Tweed departure is often unrealistic.

The next-closest airport is Hartford's Bradley International Airport, about an hour north of New Haven up I-91. Bradley is a full-service airport accessible either by private shuttle (discussed below), a combination of buses and/or train, or a taxi.



Getting Here: New York Airports

In order to save on airfare, many students end up flying out of one of the New York area airports: LaGuardia, JFK, or Newark. When you're thinking about flight prices, though, be sure to factor in the costs of getting to the airport—taxis and private shuttles can quickly eat up the dollars you save on airfare.

Each of the New York airports is accessible by some combination of public transportation:

- LaGuardia: Take MetroNorth to the Harlem-125th St. Station and transfer to the M60 bus.
- JFK: Take MetroNorth to Grand Central. You can get on the subway shuttle to Times Square and transfer to the E train, or walk 10 blocks north from Grand Central to the E station at 5th Avenue and 53rd St. Take the E to Jamaica Station, where you can transfer to the AirTrain to JFK.
- Newark: Amtrak stops directly at Newark Airport, or you can take MetroNorth to Grand Central, then catch an NJ Transit train from Penn Station to the airport.

If public transportation doesn't work with your schedule, you can arrange for a private shuttle directly from Phelps Gate (College St. between Elm and Chapel) or your house. Operators include Connecticut Limo, QConn Shuttle and Go Airport Shuttle. Connecticut Limo fares with a Yale discount are \$42 one way to Bradley, \$54 to JFK and LaGuardia, and \$92 to Newark. In general, these shuttles are relatively reliable, but sometimes traffic or stops for other passengers can significantly lengthen the trip.

In addition, The Wall, the YLS student listserv, becomes a veritable rideboard in the days leading up to breaks, so you can often catch a ride in the direction of the airport for as little as the cost of gas and a baked good or two.



Getting Around: Mastering the Yale Shuttle

1. The Regular "Yale Shuttle"

The regular Yale shuttle has multiple lines, like any bus system, and picks up at various locations around campus. (You can see the map online at http://to.yale.edu/shuttle; you can download the super-handy DoubleMap shuttle app to GPS-track your shuttle on the go.) The shuttles pick up about once every 15 minutes until 12:30 am. After that, you must call for a shuttle to come pick you up and take you door-to-door (see below). Note that after 6 pm, the shuttles' routes change slightly and do not pick up at all the daytime stops, so be sure to check the maps.

2. The Nighttime Yale Minibus Service

The nighttime Yale Shuttle operates from 6 pm to 6 am and offers door-to-door service to and from any point within New Haven (including East Rock). You can use it to get from home to Bar Review, to a friend's house, or even to catch an early Metro-North train out of Union Station! Depending on demand, wait times can vary tremendously (from five minutes to over an hour). Waits increase as the weather gets colder, or as you get farther from downtown (people in East Rock tend to have longer waits). Friday and Saturday nights are also swamped. Be smart and work around these warnings, and program the Shuttle number (203-432-6330) into your phone or download the TapRide app. If you swing it right, it's essentially a free taxi service!



Getting Around: The Law School Shuttle

There are two law school shuttles, both of which begin operation at 6:00 pm and pick up at the law school's main entrance. One goes north (to East Rock and Science Hill) every half hour on the :00 and the :30; the other goes south (to Downtown and Wooster Square) every half hour at :15 and :45. The shuttles will take you from the law school to your front door. The shuttle drivers are very friendly and a wonderful part of the YLS community.



Getting Around: Cars and Parking

As the official student guide tells you, you don't need a car in New Haven. But, students who have cars do find them useful, whether for grocery shopping, moving, or trips outside of New Haven. If you don't have a car, you'll usually be able to find a YLSer to loan you a car or give you a ride. In addition, Yale has joined the Zipcar revolution, and there are several lots that are conveniently located near the law school and around downtown. As a Yale student, you qualify for a small Zipcar discount (www.zipcar.com/yale).

As for parking, many major apartment buildings (including the New Haven Towers) have their own lots. If your apartment building or residence doesn't come with parking, you may be able to park on the street. Check with your landlord, because some streets require you to purchase a street-parking permit from the DMV or DOT. The major downside is that you have to move your car once a week or so to avoid it being towed during street cleaning—and if it snows, you have to shovel your car out during the winter. Note that New Haven has been known to declare "snow emergencies," suspending street parking. The city will tow your car if you don't move it on those days.

Parking near the law school can be a hassle. Many students and professors park on Grove Street, Tower Parkway, or Ashmun Street. Just note that these streets (and most Downtown streets) have parking meters in effect from 8 AM until 9 PM, and parking limits varying from two hours to four hours until 5 PM. The New Haven police department actively checks the limits on these meters, so be sure to move your car or risk getting a ticket! We recommend downloading the Parkmobile app, which allows you to pay for parking using your cell phone.



Living In the Elm City





Chapel West

Location: This is the area south and west of the law school buildings, roughly bounded by York, Elm, Dwight, and George streets.

Neighbors: Many, many grad students.

Housing stock: Small- to medium-sized apartment buildings. Some single family or double family homes.

Walking time to law school: 5-15 minutes.

Grocery store: Stop & Shop (walking distance!).

Watering hole: Rudy's.

Midnight snack: Mamoun's.

Date night: Miya's Sushi.

House-hunting tips: While there are many smaller buildings whose listings you'll find on Craigslist, these buildings are a good place to start. There's always a sizeable number of law students in the area.

- 70 Howe St. (studios, 1-2BR): http://www.howeplace.com
- 80 Howe St. (1-2BR): http://www.chelseaco.com
- Arnold Lehrer, 1214 Chapel St.; 2-8 Lynwood Place (studios and 1BR): http://apartments4yale.com
- Elm Campus Partners (associated with Yale); several properties throughout this neighborhood and on Lake Place: http://www.elmcityproperty.com/rental_listings
- The Traymore, 120 Dwight St. (studio, 1-3BR): http://www.cawhite.com/traymore.html



Downtown

Location: This is the area south and west of the law school buildings, roughly bounded by Elm, Church, George, and Park streets.

Neighbors: Many, many grad students.

Housing stock: Medium- to large-sized apartment buildings. Some single family or double family homes.

Walking time to law school: 6-15 minutes.

Grocery store: Elm City Market.

Watering hole: Geronimo.

Midnight snack: BAR.

Date night: ROIA.

House-hunting tips: While there are many smaller buildings whose listings you'll find on Craigslist, these buildings are a good place to start. There's always a sizeable number of law students in the area.

- The Taft Apartments, 265 College Street (studio, 1-2BR):
 http://www.taftapartments.com/
- Cambridge Oxford Apartments, 32 High Street (studio, 1-4BR):
 http://www.cambridgeoxfordbc.com/
- The Liberty Building Apartments, 152 Temple Street (studio, 1BR):
 http://www.thelibertybuilding.com/
- College & Crown Apartments, 200 College Street (studio, 1-2BR):
 http://collegeandcrown.com/



East Rock

Location: This large neighborhood northeast of the law school extends all the way from Grove and Orange streets to the eponymous East Rock Park.

Neighbors: A diverse mix of young families, Yale faculty, and grad students (especially SOM and Forestry students, whose classroom buildings are on the north end of campus).

Housing stock: Small houses and triple-deckers.

Walking time to law school: 8-30 minutes. This neighborhood also has good

Yale Shuttle service.

Grocery store: Nica's Market.

Watering hole: August Wine Bar.

Midnight snack: Your own kitchen.

Date night: Mezcal.

House-hunting tips: Since most East Rock apartments are in multifamily houses or small apartment buildings, your best bet for finding an apartment in this part of town is Craigslist.



Ninth Square

Location: The southwest quadrant of New Haven, bordered by Chapel, State, George, and Church streets.

Neighbors: Young professionals and professional school students – especially medical and nursing students.

Housing stock: Large apartment buildings.

Walking time to law school: 8-12 minutes, cutting across the New Haven Green.

Grocery store: Elm City Market.

Watering hole: Firehouse 12.

Midnight snack: Marco Polo Pizzeria.

Date night: Skappo Italian Wine Bar.

House-hunting tips: There are only a handful of residential buildings in this corner of New Haven, so the search is fairly streamlined. Most buildings in the neighborhood are managed by the same rental company, The Residences at Ninth Square (studio, 1-3BR). You can reach them at (203) 624-9000. Another option is 360 State (studio, 1-3BR). See more info at www.360statestreet.com/.



Wooster Square

Location: The area around Wooster Square, generally bounded by Olive, Wooster, and St. John streets.

Neighbors: Young and not-so-young professionals, families, and professional school students.

Housing stock: Small houses and apartments within larger houses.

Walking time to law school: 15-20 minutes (and a beautiful walk!).

Grocery store: Ferraro's and Elm City Market (the latter is technically in the Ninth Square district but less than 10 minutes walking from most locations in Wooster Square). There's also a farmer's market on Saturday mornings!

Watering hole: The Regal Beagle.

Midnight snack: Cody's Diner.

Date night: World-famous pizza from Pepe's followed by coffee and dessert at Libby's Italian Pastry shop.

House-hunting tips: Craigslist is a great start because most apartments or houses in Wooster Square are owned by different entities. You can also find great digs by taking a stroll through this beautiful neighborhood and calling the numbers on "for rent" signs.



The Towers

Location: The three towers — Madison Tower, Crown Tower and Crown Court — are located on either side of York between Crown and George.

Neighbors: Law students, medical students, and Yale-New Haven Hospital residents.

Housing stock: High-rise apartment buildings with a mix of studios, 1BRs, and 2BRs with a slightly dorm-like feel.

Walking time to law school: 5-10 minutes.

Grocery store: Stop & Shop or Elm City Market (the Towers are about equidistant from both of the large grocery stores).

Watering hole: BAR.

Midnight snack: Aladdin Crown Pizza.

Date night: Soul de Cuba.

House-hunting tips: The Towers makes house-hunting easy, since all three buildings are run by the same management company. More info can be found at http://newhaventowers.com.



Questions?

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